

SPRING/SUMMER MENU 2023

WEEK ONE

Meat Free Monday

V Homemade Macaroni Cheese

V Vegetarian Sausage Roll
served with baked diced potatoes and beans

Strawberry Ice Cream Roll

Tuesday

Fish cakes, waffles

Cooks choice Curry served with 50/50 rice

Fresh Fruit Segments
or yoghurt

Wednesday

V Pork Sausage with creamed potatoes,
gravy served with seasonal fresh carrots and peas

V Hot Tuna Panini served with coleslaw,
sweetcorn and salad

Homemade Blueberry cake

WEEK ONE

Thursday

V Oven baked Fish Fingers
served with chunky chipped potatoes,
garden peas or baked beans

V Crumb Coated Chicken served with chunky
chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Friday

V Cooks choice Pasta Bake served with
seasonal vegetables

V Homemade Cheese Flan served with baked
jacket wedges, sweetcorn and salad

V Jelly and Fruit

Menu Cycle: w/b 24 April, 15 May, 5 June, 26 June, 17 July

SPRING/SUMMER MENU 2023

WEEK TWO

Meat Free Monday

V Margarita Pizza served with baked jacket wedges
and sweetcorn

V Homemade oven baked Falafel balls and cous cous

Raspberry Ice Cream Roll

Tuesday

Panini and wedges

V Chilli Beef served with 50/50 rice

Fresh Fruit Salad or Yoghurt

Wednesday

Bolognaise Pasta

V Spicy Quorn served with savoury rice and mixed vegetables

V Jelly and Fruit

WEEK TWO

Thursday

V Oven baked Battered Salmon served with chunky
chipped potatoes, garden peas or baked beans

V Red Tractor Chicken Goujons served with chunky
chipped potatoes, garden peas or baked beans

Homemade Cooks Choice Biscuit

Friday

Choice of Wrap – Ham, Cheese or Tuna

Chicken Curry served with 50/50 rice

Cooks Choice

Homemade Carrot Cake or
Banana and Oat Cake

Menu Cycle: w/b 1 May, 22 May, 12 June, 3 July, 24 July

SPRING/SUMMER MENU 2023

WEEK THREE

Meat Free Monday

V Homemade Tomato and Mascarpone Pasta Bake
served with seasonal vegetables

V Quorn Nuggets with baked herby diced potatoes
and sweetcorn

Chocolate Ice Cream Roll

Tuesday

V Turkey, sage & onion stuffing served with gravy,
roast & creamed potatoes, seasonal fresh carrot and cabbage

Vegetarian Burger in a Bun
Baked wedged potatoes and fresh salad

Fresh fruit segments or Yoghurt

Wednesday

V Chicken Tikka Masala served with 50/50 rice

V Baguette Pizza
Served with fresh salad and coleslaw

Apple Crumble and Custard

WEEK THREE

Thursday

V Red Tractor Chicken Poppers served with chunky chipped potatoes,
garden peas or baked beans

V Oven baked Battered fish served with chunky chipped potatoes,
garden peas or baked beans

Homemade Cookie or Biscuit

Friday

V Pork Meatballs in homemade tomato and basil sauce
served with wholemeal pasta and garden peas

V Twice Baked Jacket Potatoes
with cheese and onion
served with baked beans

V Jelly and fruit

Menu Cycle: w/b 17 April, 8 May, 29 May, 19 June, 10 July