



PE – Intent, Implement, Impact

Intent

At St Joseph's Catholic Primary School, we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's fundamental skills, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning. Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives
- Promote a healthy and active lifestyle
- Encourage physical activity and exercise
- Develop competence to excel in a broad range of physical activities
- Build self-esteem, confidence and resilience
- Provide all pupils with access to the lesson

Implementation

At St Joseph's Catholic Primary School, we teach two lessons of PE a week using the 'Getset4PE' scheme. In EYFS, children begin to develop the foundations of movement through accessing the Physical Development strand of the EYFS curriculum. This is taught discretely within the continuous provision throughout the day and through some focus activities. EYFS also have one formal PE session a week. In KS1 and KS2, children have at least 2 hours of quality PE sessions a week. In a PE session you will see:

- Consistency in routines including a introduction and warm up
- Skill development and plenary
- Collaboration and opportunity for partner discussion
- Opportunities for children to work independently and together
- Opportunity for children to perform and feedback
- Subject specific vocabulary that builds on previous learning/year groups
- Progression in equipment use

We offer a range of extra curricular activities also such as football, dodgeball, karate, netball and basketball. We also have sports leaders who help to promote an active lifestyle at lunchtime too.

Impact

Our curriculum is designed so that children are taught a variety of activities throughout their key stage and there is a progression journey through all of these. Each area of PE also has a progression document which shows progression from EYFS to Year 6. Children also deepen their understanding of PE, year on year, by being introduced to specific vocabulary. Children have the opportunity to take part in extra-curricular activities and demonstrate their new skills in intra and inter sports competitions. All children also have the opportunity in the summer term to take part in a sports day. Children will become confident within the different strands of PE and show resilience when tackling new skills. We also support our least active children through our lunch time provision that is provided by an external provider. We also offer a 'skills development' session that is also provided by our external provider. We also have ten sports leaders who support and encourage our children to be active during lunch time. Children have access to the running track before school and during playtime and lunchtime. All ensuring our children remain as active as possible.