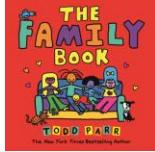
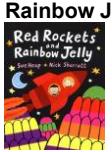
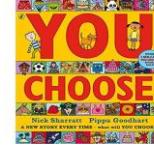


**St Joseph's Catholic Primary School**

**PSHE, RSHE, No Outsiders and British Values Long Term Plan 2025-26**

	<b>Autumn PSHE Topic - Relationships</b>	<b>Spring PSHE Topic – Living in the wider world</b>	<b>Summer PSHE Topic – Health and Wellbeing</b>		
<b>Whole school PSHE themes</b>	<ul style="list-style-type: none"> <li>- Families and friendships</li> <li>- Safe relationships</li> <li>- Respecting ourselves and others</li> </ul>	<ul style="list-style-type: none"> <li>- Belonging to a community</li> <li>- Media literacy and digital resilience</li> <li>- Money and work</li> </ul>	<ul style="list-style-type: none"> <li>- Physical health and Mental wellbeing</li> <li>- Growing and changing</li> <li>- Keeping safe</li> </ul>		
<b>British Values</b>	Democracy (links to school council vote)	Tolerance	Respect      Liberty	Rule of Law      Recap	
<b>Whole School Theme Days/Weeks</b>	<b>PCSO visit – Bonfire/Halloween Safety</b> <b>Anti-bullying week – 10<sup>th</sup>-14<sup>th</sup> Nov</b> <b>CAFOD Family Fast Day – 3rd Oct</b>	<b>Children's Mental Health Week – 9th – 15<sup>th</sup> Feb</b> <b>Safer Internet Day – 11<sup>th</sup> Feb</b> <b>CAFOD Lent Family Fast Day – 27<sup>th</sup> Feb</b> <b>Theme Week TBA</b>	<b>Sports Day/Inter-comps</b> <b>Water Safety Week – 14th – 21<sup>st</sup> June</b>		
<b>EYFS - No Outsiders</b>	<b>The Family Book</b> 	<b>Hello Hello</b> 	 	<b>You Choose</b> 	<b>Mummy, Mama and Me</b> 
<b>EYFS</b>	<b>PSHE:</b> Roles of different people; families, feeling cared for <b>Recognising privacy; staying safe; seeking permission</b> <b>How behaviour affects others; being polite and respectful</b>  <b>JIL: Physical (links with Branch 1)</b>	<b>PSHE:</b> What rules are; caring for others' needs; looking after the environment <b>Using the internet and digital devices; communicating online</b> <b>Strengths and interests; jobs in the community</b>	<b>PSHE:</b> Keeping healthy; food and exercise, hygiene routines; sun safety <b>Recognising what makes them unique and special; feelings; managing when things go wrong</b> <b>How rules and age restrictions help us; keeping safe online</b>  <b>JIL: Social and Emotional, Spiritual</b>		
<b>Year One</b>	<b>PSHE:</b> Roles of different people; families, feeling cared for	<b>PSHE:</b> What rules are; caring for others' needs; looking after the environment	<b>PSHE:</b> Keeping healthy; food and exercise, hygiene routines; sun safety		

	<p>Recognising privacy; staying safe; seeking permission How behaviour affects others; being polite and respectful</p> <p>JIL: Social and Emotional, Physical</p> <p>No Outsiders: Elmer Going to the Volcano</p>	<p>Using the internet and digital devices; communicating online Strengths and interests; jobs in the community</p> <p>No Outsiders: Want to play trucks? Errol's Garden</p>	<p>Recognising what makes them unique and special; feelings; managing when things go wrong How rules and age restrictions help us; keeping safe online</p> <p>JIL: Spiritual</p> <p>No Outsiders: My World, Your World Hair, it's a family affair</p>
<b>Year Two</b>	<p>PSHE: Making friends; feeling lonely and getting help Managing secrets; resisting pressure and getting help; recognising hurtful behaviour Recognising things in common and differences; playing and working cooperatively; sharing opinions</p> <p>No Outsiders: Amazing How to be a lion</p>	<p>PSHE: Belonging to a group; roles and responsibilities; being the same and different in the community The internet in everyday life; online content and information What money is; needs and wants; looking after money</p> <p>JIL: Social and Emotional, Physical</p> <p>No Outsiders: The Great Big Book of Families Can I join your club?</p>	<p>PSHE: Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help Growing older; naming body parts; moving class or year Safety in different environments; risk and safety at home; emergencies</p> <p>JIL: Spiritual</p> <p>No Outsiders: What the Jackdaw Saw All Are Welcome</p>
<b>Year Three</b>	<p>PSHE: What makes a family; features of family life Personal boundaries; safely responding to others; the impact of hurtful behaviour Recognising respectful behaviour; the importance of self-respect; courtesy and being polite</p> <p>JIL: Social and Emotional</p> <p>No Outsiders: This is Our house We're all wonders</p>	<p>PSHE: The value of rules and laws; rights, freedoms and responsibilities How the internet is used; assessing information online Different jobs and skills; job stereotypes; setting personal goals</p> <p>JIL: Physical</p> <p>No Outsiders: Beegu The Truth about Old People</p>	<p>PSHE: Health choices and habits; what affects feelings; expressing feelings Personal strengths and achievements; managing and reframing setbacks Risks and hazards; safety in the local environment and unfamiliar places</p> <p>JIL: Spiritual</p> <p>No Outsiders: Hueys in the new jumper Planet Omar: Accidental Trouble Magnet (read through text through the term)</p>

<b>Year Four</b>	PSHE: Positive friendships, including online Responding to hurtful behaviour; managing confidentiality; recognising risks online Respecting differences and similarities; discussing difference sensitively  JIL: Social and Emotional, Physical  <b>No Outsiders:</b> <i>Along Came a Different Julian is a Mermaid</i>	PSHE: What makes a community; shared responsibilities How data is shared and used Making decisions about money; using and keeping money safe  JIL: Spiritual  <b>No Outsiders:</b> <i>Red: A crayon's story</i> <i>Aalfred and Aalbert</i>	PSHE: Maintaining a balanced lifestyle; oral hygiene and dental care; personal hygiene routines; Medicines and household products; drugs common to everyday life  <b>No Outsiders:</b> <i>When Sadness Comes to Call</i> <i>Dogs Don't do Ballet</i>
<b>USK2 – Cycle A (Year 5 planning) 2025-26</b>	PSHE: Managing friendships and peer influence Physical contact and feeling safe Responding respectfully to a wide range of people; recognising prejudice and discrimination  Science: animals including humans (describe the changes as humans develop to old age – including changes experienced in puberty)  JIL: Social and Emotional, Physical, Spiritual  <b>No Outsiders:</b> <i>The Girls</i> <i>Rose Blanche</i>	PSHE: Protecting the environment; compassion towards others How information online is targeted; different media types, their role and impact Identifying job interests and aspirations; what influences career choices; workplace stereotypes  <b>No Outsiders:</b> <i>Mixed</i> <i>How to Heal a Broken Wing</i>	PSHE: Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies Personal identity; recognising individuality and different qualities; mental wellbeing Keeping safe in different situations, including responding in emergencies and first aid  <b>No Outsiders:</b> <i>Kenny lives with Erica and Martina</i> <i>And Tango Makes Three</i>
<b>USK2 – Cycle B (Year 6 planning)</b>	JIL: Social and Emotional, Physical, Spiritual  PSHE will need to be moved from Summer term on the PSHE Association long term overview – human reproduction and birth (Year 6 only); increasing independence  Attraction to others; romantic relationships; civil partnership and marriage	PSHE: Valuing diversity; challenging discrimination and stereotypes Evaluating media sources; sharing things online Influences and attitudes to money; money and financial risk  <b>No Outsiders:</b> <i>The Island</i>	PSHE: What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online Increasing independence; managing transition Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media

	<p>Recognising and managing pressure; consent in different situations Expressing opinions and respecting other points of view, including discussing topical issues</p> <p><b>No Outsiders:</b> Leaf The Only Way is Badger</p>	<p>King of the Sky</p>	<p>No Outsiders: Introducing Teddy A Day in the life of Marlon Bundo</p>
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